

## Leading Health Experts Agree: Fluoridation Is Safe and Effective



“For 65 years, community water fluoridation has been a safe and healthy way to effectively prevent tooth decay.”

*(“Community Water Fluoridation,” Centers for Disease Control and Prevention, updated in 7/2013)*



“Adding fluoride to water benefits everyone. In fact, as more and more communities have added fluoride to water supplies, our nation has seen a significant reduction in cavities and other dental problems.”

*(“Water Fluoridation,” American Academy of Pediatrics, HealthyChildren.org, updated in 5/2013)*



“Water that has been fortified with fluoride is similar to fortifying milk with Vitamin D, table salt with iodine, and bread and cereals with folic acid.

... An individual can have a lifetime of fluoridated water for less than the cost of one dental filling.”

*(“Fluoride & Fluoridation,” American Dental Association, accessed 3/2014)*



Public Health  
England

“The report provides further reassurance that water fluoridation is a safe and effective public health measure.”

*(“Water fluoridation,” British Government, 3/2014)*



“Tooth decay is the most common chronic disease, affecting almost everyone; and since the advent of fluoridation, the prevalence of tooth decay, especially among children, has markedly decreased.”

*(Public statement issued by the American Public Health Association, 1/18/2011)*